Finding ‘Higher Ground’

BY GENE STOWE, FOR NDWORKS

Performances at the DeBartolo Performing Arts Center by Ronald K. Brown’s New York-based Evidence contemporary dance ensemble on Jan. 22-24 will include opportunities for community engagement and connections to the Martin Luther King Jr. holiday to promote understanding and unity.

Community members “from ages 8 to 80” are invited to audition for a chance to perform with the ensemble in “On Earth Together,” which uses the music of Stevie Wonder. Walk-in auditions start at 6 p.m. Jan. 14. No dance training or experience is required.

After the Jan. 23 performance, dancers from Indiana University South Bend, led by Kelly Morgan, and community drummers led by longtime teacher and performer James Riley will offer an additional celebration called “Higher Ground.”

The events are the culmination of a focus on community relations that started in November with performances of “In the Heat of the Night” by the L.A. Theatre Works, says Leigh Hayden, the performing arts center’s director of external relations.

“We used that as a launching point to get people to start thinking about how we can come together as a community and give people the chance to express what their thoughts are on how we can achieve what we call Higher Ground,” she says. “How do people from different racial, cultural and ethnic backgrounds come together and work for a solution?”

The project includes multimedia displays and sticky notes on a whiteboard where theatergoers jot their own thoughts, hopes and dreams, Hayden says. A version of the board will be in a booth at the community King Day Celebration at South Bend’s Century Center.

Another highlight of the event will be a celebration called “Higher Ground.”

“The initiative has gained heightened relevance in the face of recent nationwide racial tensions over the killing of African-Americans by white police officers, she says, referring to King’s “something is happening” line in his “I’ve Been to the Mountaintop” speech.

“This is also a time when something is happening in our community, something is happening in our society,” Hayden says. “How can we use the art that’s presented here to open dialogue, to have people think of the content, when it is thoughtful content and relevant, not just entertainment, and bring people into conversations who normally wouldn’t participate? Art is relevant. Art does have power. That’s one of the things we’re trying to get across. Art has power. It has power to move things forward.”

Anna Thompson, executive director of the performing arts center, says Brown’s uplifting, often spiritual approach invites audiences to enjoy while prodding them to think without shame.

“You have to pull them in and keep them there,” she says. “Ron has a loving way of doing that. ‘If we can open the dialogue, people can have the conversation. The arts allow us to look at things differently, more objectively than when we experience it personally. We have to find the common ground. We are all on this planet together.’

For more information, visit performingarts.nd.edu.
NEWS
BRIEFS

RESERVING LIBRARY MATERIALS

Hesburgh Libraries are currently accepting requests for material to be placed on physical and/or electronic reserve for the spring 2015 semester. Instructions on how to place reserve requests, as well as the answers to some commonly asked questions, are available at reserves.library.nd.edu/documentation/instructor-access.

Using library reserves will help protect instructors and the University by making sure the material being reproduced is compliant with General Counsel’s Guidelines on the Reproduction of Copyright Material. Instructors who are proficient in University copyright guidelines and have resources available to pay rightsholders are welcome to post readings directly into Sakai.

Other course reserve questions may be directed to the Frontline Services staff, 631-7578 or reserves@nd.edu; music and media reserve questions, 631-7438; or contact your affiliated branch library during regular business hours.

CAMPUS SHUTTLES TO RUN CONTINUOUSLY FROM 7 A.M. TO 7 P.M. STARTING JAN. 5

Beginning Monday, Jan. 5, free campus shuttles on the north and south sides of campus will run continuously from 7 a.m. to 7 p.m. to better serve the Notre Dame community.

“We’ve received feedback that there is a need for shuttle runs outside of the limited hours we initially offered, so we are happy to be able to extend the service on a trial basis throughout the spring semester,” said Marty Ogen, associate director, Warehouse, Delivery and Transportation. “The shuttles offer a safe and reliable transportation option as construction progresses and the colder weather continues. We will monitor the use and effectiveness of this service throughout the semester to determine whether long-term adjustments are needed for the shuttle schedule.”

The north shuttle, which takes passengers from the E11 Bulla lot to the Hesburgh Library, East Gate and Main Building, will pick up passengers every 15 minutes during peak morning, noon and afternoon hours and every 20 minutes during mid-morning and mid-afternoon hours. The south shuttle route runs every 15 minutes from the C1 parking lot near the track and field complex and McKenna Hall to Eddy Street and to Holy Cross Drive, near Legends.

For ongoing campus shuttle information as well as construction updates, please visit construction.nd.edu.

WHAT’S GOING ON

CRÈCHES FROM AROUND THE WORLD

A display of 30 crèches from around the world, on loan from the Marian Library International Crèche Collection at the University of Dayton and presented to the Institute for Church Life, continues through Saturday, Jan. 31. Native to Asia, Africa, South America and France are on display at the Morris Inn, Eck Visitors Center, McKenna Hall, the Hesburgh Library and the Main Building.

RELAY FOR LIFE

Relay for Life 2015 takes place from 6 p.m. to midnight Friday, April 17, at the Compton Family Ice Arena—a six-hour event rather than overnight, as in previous years. ND Relay received two national awards from the American Cancer Society in 2014. For the second year in a row, the University won the first place award for Nationwide College Per Capita Income in our population category; and (also for the second year in a row), first nationwide in survivor engagement.

In addition, four staff teams were recognized for significant fundraising efforts: Fire Fighting Irish (the ND Fire Department), Techies Tacking Cancer (BIT), UR Walking on Sunshine (University Relations and the Office of Public Affairs and Communications) and Campus Services/Building Services.

A new Relay fundraiser this year is an 18-month (January 2015 to June 2016) 12 x 12-inch, spiral-bound calendar featuring 18 iconic images captured by University photographers Barbara Johnston and Matt Cashore. The calendars are $20, and are available at the Hesburgh Notre Dame Bookstore and the Eck Visitors Center. Calendars can be purchased online at relay.nd.edu/fundraisers.

For more information on ND Relay 2015 or to register to participate, visit relay.nd.edu.

PEOPLE

WOOD RECEIVES COMMUNITY ENGAGEMENT GRANT

Danielle Wood, program assistant director for community-based research at the Center for Social Concerns, has been awarded a $3,000 Service Engagement Grant from the Indiana Campus Compact (ICC) in the Listening to Communities category for her project, “Coffee, Conversations and Community-Based Research.”

Indiana Campus Compact (ICC) is a network of 35 college campuses that support higher education’s efforts to develop students into well-informed, engaged citizens. Providing programs, services and resources, ICC serves as a catalyst for campuses and communities to improve lives through discovery, civic engagement and community initiatives.

BERNSTEIN NAMED 2014 INDIANA MASTER OF INNOVATION

Gary Bernstein, Frank Freimann Professor of Electrical Engineering and associate director of the Center for Nanoscience and Technology (NDnano), was awarded the inaugural Indiana Master of Innovation Award from the Indiana Economic Development Corp. and Forbes Inc. for his work on the development of Quilt Packaging (QP) technology.

Quilt Packaging technology is an innovative method for connecting “bare” semiconductor chips at their edges to affect miniaturization, reduce power requirements and provide huge system performance gains, all at reduced costs.

Bernstein, together with Patrick Fay and Wolfgang Pored, invented the QP technology, which includes four patents, in University laboratories.

CHEN NAMED DISTINGUISHED SCIENTIST

Danny Z. Chen, professor of computer science and engineering and concurrent professor of applied and computational mathematics and statistics, has been named a Distinguished Scientist by the Association for Computing Machinery (ACM).

Chen was recognized for “fundamental contributions to geometric computing and medical applications, especially in radiation cancer treatment and medical imaging.”

Chen’s research interests encompass the areas of computational geometry and applications, algorithm design and analysis, computational homology, biomedical imaging, parallel computing and data mining.

MEDIA LEGEND AWARD

Jimmy Garuait (center), Notre Dame Law School professor, receives the University’s 2014 Media Legend Award from Sue Lister, director of media relations, and Dennis Brown, assistant vice president of news and media relations.

Garuait was presented the award Dec. 1 by the Office of Public Affairs and Communications for his role in bringing attention to the University’s academic excellence through interviews with print, broadcast, Web and other media outlets.

An expert in complex criminal litigation, Garuait’s teaching and scholarship also concern criminal and scientific evidence, and international criminal law. He joined the Notre Dame Law School faculty in 1989, taking leaves to serve as an assistant U.S. attorney general and underscaryor for enforcement in the U.S. Treasury Department.

FAREWELL TO THE FLOOR

“The Gold Gang” and the Leprechaun were among the many who attended the Hesburgh Library “Farewell to the Floor” Renovation Celebration and Launch Party Wednesday, Dec. 10. Students, faculty and staff were invited to sign and say farewell to sections of the floor, rows of wooden carrels and tables and other familiar second-floor sights before major renovations begin in late December.

INNOVATION DISTINGUISHED SCIENTIST

Chen

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Sanders named to internal communications post

BY SUE LISTER, MEDIA RELATIONS

Former Whirlpool Corp. senior communications manager Cidni Sanders has been named Notre Dame’s internal communications program director. Sanders began her role in October. She is responsible for overseeing the internal communications department, which includes production of NDWorks, the monthly faculty/staff newspaper, TheWeek@ND, the weekly events and announcements email communication; the campus news page on news.nd.edu; and the University online calendar.

Sanders also provides internal communications consulting and advising to departments looking to enhance their communications strategies within their division or throughout campus. “Cidni brings a wealth of experience to this position. She’s worked in newspapers and handled complex communications initiatives on both the community and corporate level,” says Dennis Brown, assistant vice president for news and media relations. “She will be a wonderful resource for campus communications overall, and internal communications in particular. We could not be happier to have her as a part of the Notre Dame family.”

Before joining the University, Sanders held various roles in global communications for Whirlpool in Benton Harbor, Michigan, including global lead for executive communications. At Whirlpool, she managed the communications efforts for the company’s chief executive officer and human resources leadership teams, by developing and implementing communications strategies to support company strategy, advance the Whirlpool brand and reputation and enhance employee engagement.

Sanders also previously worked for six years in community outreach, diversity training and communications for the Council for World-Class Communities in Benton Harbor and as a copy editor for the Detroit Free Press newspaper.

New Concur user interface launched

Changes will enhance appearance and usability

BY JAVIER HERNANDEZ, PROCUREMENT

At the end of January, Procurement Services will introduce a new Concur user interface that allows for effortless navigation while providing maximum benefits for travel and expense needs.

The upcoming changes will focus primarily on the modernization of the user interface with only a few functionality changes. Most core functionality and workflows will remain the same. These enhancements will make Concur accessible from any device, any time.

Beginning in December 2014, a select group of 100 users were switched over to the new user interface and asked to provide feedback. “The new user interface will modernize and enhance the user’s experience,” says Shelly Goethals, business manager in the Department of Physics. “The functionality of Concur has not changed, but the appearance and usability has improved.”

Most of the new features will be accessible directly from the Concur home page, allowing users to get up to speed on pressing work items and make quick, informed decisions. These include a Quick Task Bar and a new Approvals page. Key actions and notifications will be clear and easy to find. “I definitely like the look of the new fonts in the enhanced user interface and that I can easily see outstanding-to-do items on the Quick Task Bar,” says Gina Pilarski, senior administrative assistant for Planning, Design, and Construction. The Quick Task Bar will allow users to create a new expense report or travel request, approve a trip or quickly jump to areas needing attention directly from the home screen.

Procurement Services has created a webpage that provides updated training videos and quick reference guides for the new interface. Visit travel.nd.edu/newui prior to the rollout, Procurement Services will facilitate live demonstration and Q-and-A sessions. All campus travel/ND users are invited to attend.

• Wednesday, Jan. 7
  10:30 - 11:30 a.m.
  Hesburgh Library Auditorium
• Friday, Jan. 9
  9:30 - 10:30 a.m.
  Hesburgh Library Auditorium
• Monday, Jan. 12
  3:30 - 4:30 p.m.
  Hesburgh Library Auditorium
• Thursday, Jan. 15
  10 - 11 a.m.
  LaFortune Student Center
• Friday, Jan. 23
  3:30 - 4:30 p.m.
  Geddes Hall Auditorium
• Wednesday, Jan. 28
  3 - 4 p.m.
  LaFortune Student Center’s Notre Dame Room (Room 202)
• Friday, January 30
  3 - 4 p.m.
  Geddes Hall Auditorium

Prevent credit card fraud during—and after—the holiday season

BY LENETTE VOTAVA, OIT

Stick to online stores you know If you get an email for an online merchant selling an item you want to purchase for a friend or loved one, see if you can find it on Amazon or another reputable online store you recognize.

Avoid providing extra information If a website requests your social security number to “verify your identification,” look for a reputable online merchant. There’s no reason for you to provide other information.

Online stores should ask for your 3-digit security code This helps the seller verify that you have the credit card itself and not just the number from the front of the card.

Look for the familiar “lock” icon at the top of your browser. The lock indicates that any transactions on the website will be private. You might notice that secure website names start with “HTTPS.” The “S” stands for “Secure.”

Don’t shop or check your bank account over an unsecured wireless network at your local coffee shop. Hackers can intercept online transactions.

Even if you’re careful, you still have some risk of losing your credit card number to a cyber thief. How will you know if someone else is using your credit card or your identity?

First, check your credit card accounts online frequently to check for unauthorized charges. Notify the card issuer immediately if there are charges you don’t recognize.

Check your credit report. You can order three free credit reports each year, so it’s a good idea to look at one every few months. Review it for unfamiliar addresses, loans or credit card accounts.

If you see a discrepancy, contact the credit-reporting agency that created your report and file a correction. If you see a disputed charge, contact the lender (usually a bank) and work with them to close the account.

There are many online companies that will try to charge for your credit reports. Avoid these websites. You can order a free credit report at annualcreditreport.com.

Notre Dame launches MOOCs on edX

Advancing learning, free and worldwide

BY SONIA HOWELL, OFFICE OF DIGITAL LEARNING

The University’s first MOOCs, Massive Open Online Courses, are now open for registration. Created by faculty working with the Office of Digital Learning, these inaugural four MOOCs, offered through the University’s partnership with edX, draw on expertise from across the University. The courses are available to anyone with a free edX account, and all four inaugural courses are aimed at a global and non-specialist audience.

“Notre Dame’s courses on the edX platform deliver on the promise we make as a university—to advance learning in the service of human flourishing both here on campus and in the wider world,” says Elliott Visconi, the University’s chief academic digital officer.

“Our initial courses feature Notre Dame’s world-class faculty on topics of broad interest from a variety of disciplines. Through these courses—designed for everyone—we hope to create learning communities in schools, colleges and universities. We also look forward to enhancing the connection with our alumni, parents and friends through these engaging offerings.”

The first of these not-for-credit courses, “I Heart Stats,” will commence April 15. “Understanding Wieckus” launches May 18, “Jesus in Scripture and Tradition” on June 1, and “Math in Sports” on June 15. To register for these courses, visit the NotreDameX Course page on the Office of Digital Learning website, online.nd.edu.

The launch courses are:

• “I Heart Stats,” with Vice President and Associate Provost Dan Myers, an introductory course on statistics in everyday life
• “Jesus in Scripture and Tradition,” with Hebrew Professor of Catholic Theology Gary Anderson and Professor of Theology John Cavallini.
• “Understanding Wireless,” with J. Nicholas Laneman, professor of engineering; Barry Keating, John H. Jones Professor of Finance; Aaron D. Striegel, associate professor and associate department chair of computer science and engineering; and Patricia L. Bellia, professor of law and Notre Dame Presidential Fellow. The course provides an introduction to the technical, commercial and legal aspects surrounding wireless communications.
• “Math and Sports,” with Mike Hildenbrand, professor of physics, and Annette Pilkington, associate professor of teaching in mathematics, combines mathematical tools with Notre Dame’s student-athletes to demonstrate how math can help predict and analyze sporting performances and outcomes.
MUSIC
June H. Edwards Chamber II South Bend Symphony Orchestra
Sunday, Jan. 11, 2:30 p.m.; $24
Leighton Concert Hall
An afternoon of Rossini, Haydn and Milhaud’s percussion concertos, performed by SB Symphony Principal Percussionist Kent Barnhart.

Deborah Mayer—Soprano
Paivi Ekroth—Piano
Friday, Jan. 16, 7:30 p.m.; free admission
Metropolitan Opera soprano, Debrah Mayer and pianist, Paivi Ekroth join forces for an evening of Richard Strauss’s Arias and Lieder written for the soprano voice. Family friendly, all ages are welcome. Dialogue or vocals in a foreign language.

EnsembleND
presenting Series
Sunday, Jan. 25, 2 p.m.; $19
Music of J.S. Bach—also Bach’s piano music, ensembleND presents a series of Bach’s works as explored and transcribed by important composers of more recent eras.

Bach’s Lunch
Department of Music
Friday, Jan. 30, noon; free
Bring a friend and join the Department of Music students in an enjoyable noontime concert.

THEATER
Skippyjon Jones
Presenting Series
Saturday, Jan. 31, 1:30 p.m. and 2 p.m.; $20
Patricia George Decio Theatre
Adapted from Judy Schachner’s picture book, Theatreworks USA’s family musical tells the tale of a Siamese cat’s impossible dream: to be a Chi-hua-hua. Best for ages 5+. Program is 60 minutes long with no intermission. ASL will be provided.

Based on the popular book series’ title character, Skippyjon Jones is an enchanting musical about unchaining your imagination and following your dreams.

At the BROWNING CINEMA
The Met: Live in HD presents Die Meistersinger von Nürnberg (Encore)
Sunday, Jan. 11, noon; $23
James Levine returns to one of his signature Wagner works conducting this epic comedy—back at the Met for the first time in eight years—about a group of Renaissance “master singers” whose song contest unites a city. Johan Reuter, Johan Botha and Annetta Dasch lead the international cast, which also features ND alumn Paul Appleby. 360 minutes.

National Theatre Live: John
Thursday, Jan. 15, 7 p.m.; $18
Directed by Lloyd Newton
For his latest verbatim dance-theater work, Lloyd Newton, artistic director of DV8 Physical Theatre, interviewed more than 50 men asking them frank questions about love and sex. One of these men was John and what emerged was a story that is both extraordinary and touching. Years of crime, drug use and struggling to survive led John on a search in which his life converges with others. “John” authentically depicts real-life stories, where movement and spoken word combine to create an intense, moving and poignant theatrical experience.

The Met: Live in HD presents The Merry Widow
Saturday, Jan. 17, 1 p.m., with an encore performance 1 p.m. Saturday, Jan. 24, $23
The great Renee Fleming stars as the beguiling femme fatale who captivates all of Paris in Lehár’s operetta, seen in a new staging by Broadway virtuoso director and choreographer Susan Stroman. Stroman and her design team of Julian Crouch (Satyagraha, The Enchanted Island) and costume designer William Ivey Long (Cinderella, Grey Gardens, Hairspray) have created an Art Nouveau setting that climaxes with singing and dancing gisettes at the legendary Maxim’s. Nathan Gunn co-stars as Danilo and Kelli O’Hara is Valencia. 197 minutes.

National Theatre Live presents Treasure Island
Thursday, Jan. 22, 7 p.m.; $18
Robert Louis Stevenson’s story of murder, money and mutiny is brought to life in a thrilling new stage adaptation by Bryony Lavery. It’s a dark, stormy night. The stars are out. Jim, an innkeeper’s granddaughter, opens the door to a terrifying stranger. At the old sailor’s feet sits a large chest, full of secrets. Jim invites him in—and her dangerous voyage begins. Not Rated (recommended for ages 10 and up)

The Met: Live in HD presents Les Contes d’Hoffmann (Live)
Saturday, Jan. 31, 1 p.m.; $23
T Terzo Vittorio Grigolo takes on the tortured poet and unwitting adventurer of the title of Offenbach’s operatic masterpiece, in the Met’s wild, kaleidoscopic production. Soprano Hibla Gerzmava faces the operatic hurdle of singing all three heroines—each an idealized embodiment of some aspect of Hoffmann’s desire. 226 minutes.

For a list of upcoming films at the Browning, visit performingarts.nd.edu.
A commitment to employee training and development

Program offerings available for those at every level

BY CAROL C. BRADLEY, NDWORKS

“Overall, we’re trying to help people develop their talents and gifts to the fullest,” says Kara McClure, manager of learning and organizational development in the Office of Human Resources. “That sounds blue-sky, but we want to help people pursue learning that advances their career interests within the context of the goals and mission of the University.”

What sets Notre Dame’s learning and talent development programs apart, says McClure, “is that we truly offer something for all levels within the organization. From Workplace Literacy for those wanting to enhance their reading skills to Building Leadership Excellence for senior leaders, we try to identify and meet the needs of our talent pipeline.”

Professional development, she notes, “has a strong and visible commitment from senior leaders.”

Robert McQuade, vice president of Human Resources, sums it up: “We feel a tremendous responsibility to provide development opportunities for our staff and faculty, just as we educate our students. It ties in with our mission to prepare all who work and study here to be able to make a contribution to the world. The University invests over a million dollars a year in training and education for employees, which puts us at the forefront of many academic institutions in terms of our overall commitment to employee development.”

The University’s commitment begins with the onboarding process and continues through one’s entire career, says McClure. So far this year, Onboarding has reached nearly 700—and recently, postdocs have been included.

In addition to an introduction to the University’s culture and Catholic mission, Onboarding now includes training in subjects such as workplace harassment and goal-setting and performance management in Endeavor. A campus tour has been added as well.

For all employees, new and experienced, acquiring new skills and knowledge to perform one’s current job and for the future, says McClure, is emphasized in the performance management process. “Every staff member is expected to accomplish at least one development activity each year.”

On a more general level, the department also offers Career Services, which helps people explore what they want to do in their career. Workshops are available on subjects such as managing your career, developing a personal brand, resume writing and preparing for interviews. Participants may complete a variety of assessment tools to help identify specific career interests as a part of workshops or during individual counseling sessions.

Many employees view the individual learning programs and learning series as the primary means to their development. Others may seek to develop themselves through the various educational programs comprising Learning at Work Academy programs. These on-campus offerings range from English as a New Language, High School Equivalency Preparation, Workplace Literacy and Computer Skills Training to the Ivy Tech Associate of Applied Science degree.

When McClure joined the University in 2008, the department offered fewer than 15 different programs annually. In 2015, that number has grown to include more than 60 different topics, almost half of which are new or updated each semester.

“When you do something—such as the Today’s Administrative Professional program or Frontline Supervision—that people find useful, they want more. They want different,” McClure says. “We’re constantly on the lookout for new ideas. We keep our ears to the ground and listen to make sure we address as many needs as possible.”

New on the radar are courses on developing skills using social media and on generational differences in the workplace. “We are also experimenting with ‘blended learning’ by combining web-based self-paced learning with instructor-led sessions,” she says. “The challenge is finding or creating high quality digital programs that teach interpersonal skills relevant to the University.”

The department is also available to create custom programs such as staff retreats or team building exercises to help departments or work groups perform well together.

Ultimately, the goal, says McClure, is that employees “be intentional about their development. We want to work with employees and managers to assess interests, explore opportunities and build skills to achieve goals. We want to help you prepare to move up, or to love the job you have.”

Onboarding and learning programs are just part of the University’s commitment to make a contribution to the world.

The University...
New series programs start in 2015

LEARNING TO LEAD

About 25 percent of potential enrollees for the Frontline Supervision series have been turned away because they don’t meet one prerequisite—“currently supervising others.” So how can an employee be trained to move up to supervision? The demand for supervisory and organizational development.

Kara McClure, manager of learning and organizational development.

Learning to Lead is a new series aimed at those with the near-term potential to take on the role of leading and supervising others. This new four-part series starts in March and covers basic roles and responsibilities, the critical transition from peer to supervisor, critical thinking skills and setting direction.

TAP 2

Connecting staff with resources valuable to them in their current position is an integral part of thinking skills and setting direction.

For all series programs, certain eligibility requirements apply. Participants must commit to all attendance and activity requirements.

SERIES PROGRAMS

These multi-day programs offer in-depth development for faculty and staff at every level:

- Project Management Certificate Program (IT and general tracks)
- Leading With Impact Institute
- Today’s Administrative Professional (TAP)
- Building Leadership Excellence
- Moving Ahead Professionally (MAP)
- Supervising and Leadership Excellence
- Learning to Lead
- Frontline Supervision

BENEFITS OF A SERIES PROGRAM

What people have told us they like:

- “Putting into practice what I learned. One session builds on the prior ones,” Frontline Supervision participant
- “Outside instructors from high-quality regional and national training firms,” Project Management Certificate participant
- “The exposure to senior leaders and the visibility provided by the team project,” Leading with Impact participants
- “Networking with people from other parts of campus,” TAP participants

LEARNING AT WORK ACADEMY

A multi-approach program to encourage personal development and success. Instruction is brought to the Notre Dame campus by outside institutions.

WORKPLACE LITERACY

Angelica Salazar was promoted to her current role as supervisor in building services, in part because of the gains she made in reading, speaking and writing English. The Workplace Literacy Program has increased her confidence in leading team meetings and writing emails. “This has helped me set more goals for myself, both personally and professionally.” Now, when she goes to school meetings for her daughter, Salazar can go by herself—she doesn’t need her son with her to translate.

HIGH SCHOOL EQUIVALENCY (GED)

Ten-year Building Services employee Cathy Nickens’ reading level scores on practice tests for the High School Equivalency certificate jumped so significantly—a fourth-grade to ninth-grade reading level in one year of taking literacy classes—that she was asked to re-test. The results were the same. She’ll be ready to pass the exam. She says “take a chance. Get into a class to learn and don’t worry about what others think.” Nickens now reads “just for fun” and holds the record for the highest number of books read (12) in the literacy class.

COMPUTER SKILLS

Alberto Magaña, North Dining Hall food service associate and an eight-year employee, has so far taken three levels of computer skills classes. As soon as he learned how to navigate Quick Apps on inside.nd, he was online to do email, get his pay statement and check vacation balances from his home computer and tablet. “The classes helped me so much and gave me the push I needed to learn more,” says Magaña. “I can’t wait for Level IV!”

ENGLISH AS A NEW LANGUAGE (ENL)

Saida Islamovic, building services associate in Fisher Hall for seven years, couldn’t read in English. Now, with help of English As A New Language (ENL) and Workplace Literacy programs, she has read five books including “Diary of a Young Girl,” by Anne Frank. Her family is proud of her ability to read—especially her son, since now she can read his mail to him if he is not home to get it himself. “Programs like these are why ND is #1!” Islamovic says.

IVY TECH CERTIFICATE/DEGREE

Elmer Blakemore happily attests that good things happen during the month of October: his birth date, his hire date and his promotion date. A member of the Ivy Tech program’s first cohort, he felt his ability to balance his educational pursuits with his job responsibilities helped him land a promotion to Building Services supervisor midway through the program. “Sometimes you don’t know what your best really is until you challenge yourself, make up your mind that you are going to do whatever it takes,” he says.


Resolving Differences While Maintaining Relationships

Be more effective in handling conflict using specific communication tactics that help you clearly understand the other person’s issue when you find yourself wanting to disagree or express a very different opinion. Manage the aftermath and get the relationship back on track.

Facilitator: Linda Mecham, National Seminars
Date/Time: Jan. 22 (1 – 4:30 p.m.)
Audience: All Staff/Faculty (Elective for Project Mgmt Certificate)

Speak with Confidence

EXCELLENCE

Do you panic at the thought of standing in front of others to make a presentation or fire in a group when it comes to your turn to provide an update? This program can help you communicate effectively in formal presentations, improvise situations and small group presentations through small group exercises.

Facilitator: Denny Fauntle, The Fauntle Group
Date/Time: Jan. 22 (1 – 4:30 p.m.)
Audience: All Staff/Faculty (Elective for Project Mgmt Certificate)

COMMUNICATION & INTERPERSONAL SKILLS

DISC: Advanced

TEAMWORK

For those who have completed a DISC Style Assessment and previously participated in DISC training, this session will help you more effectively identify others’ styles and adjust your approach to maximize the interaction.

Facilitator: Kara McClure, Human Resources
Date/Time: Jan. 29 (8:30 a.m. – noon)
Audience: Must have previously completed a DISC assessment and session

Communicating With Colleagues & Co-Workers – ADVANCED

ACCOUNTABILITY

This advanced version helps you build strong give-and-take relationships through improved communication skills. Through case analysis and situational probing, you will put into action specific communication tools that build mutually satisfying relationships, get your ideas across in a manner that has real impact and escalate emotional situations.

Facilitator: David Robey, ISI Communications
Date/Time: April 15 (1 – 4:30 p.m.)
Audience: Those who have completed “Communicating with Colleagues & Co-Workers”

Communicating With Professionalism

EXCELLENCE

Use your physical presence, compelling words and appropriate non-verbal cues to establish credibility and build rapport from the point of the first impression and beyond. Project a positive, calm attitude by choosing your words and reactions and by using active listening skills.

Facilitator: Ara Fluty, National Seminars
Date/Time: April 30 (8:30 a.m. – noon)
Audience: All Staff/Faculty

How to Influence Others

INTENSITY

Persuade, convince and inspire collaboration through influencing skills. Learn how to listen, discover what’s important to the other person, align your request with their interests and phrase your requests in ways that make it easy for people to say “yes.”

Facilitator: Steve Hevon, National Seminars
Date/Time: Feb. 26 (8:30 a.m. – 4:30 p.m.)
Audience: All Staff/Faculty

Winter-Spring Learning Programs 2015

Enroll through Endeavor, endeavor.nd.edu. Select Learning>Catalog>(Search by program title “___”)>Register

BE A BETTER TEAM PLAYER

TEAMWORK

Identify the skills and characteristics needed for true team thinking and collaborative behaviors essential for building trust, effective communication, true synergy and creative problem solving. Learn how to maximize your individual contributions to overall team performance through health “give and take.”

Facilitator: Jimmy Westrick, National Seminars
Date/Time: Feb. 12 (8:30 a.m. – noon)
Audience: Crew Leaders, Leaders, Supervisors and Managers

BUSINESS SKILLS & TOOLS

Everyday’s Negotiable

EXCELLENCE

Become more aware of opportunities to negotiate your professional and personal needs. Learn specific persuasion techniques that lead to a fair win-win situation; phrases never to say; preparation tips; how to break deadlocks; when to stop negotiating.

Facilitator: Greg Kondy, National Seminars
Date/Time: April 22 (8:30 a.m. – noon)
Audience: All Staff/Faculty

Hiring Game Changers: A Success Toolkit for Leadership

EXCELLENCE

The higher education landscape is rapidly changing. To be prepared, you need to attract, identify, recruit and hire top talent that is motivated to competently move your organization forward. Learn how to create an unbiased performance-based hiring strategy that can increase your percentage of landing the best candidates in the pool.

Facilitators: Human Resources Staff
Date/Time: April 21 (8:30 a.m. – noon)
Audience: Hiring Managers

Social Networks: An Overview

EXCELLENCE

Some would say that social media is where it’s at, but does it make sense for your organization to be on Twitter, Facebook, LinkedIn, Pinterest or Instagram? All of them or none of them? Learn the different uses of these social networks and determine whether they could be relevant to your work.

Facilitator: Liz Harter, University Communications
Date/Time: Feb. 20 (9 – 10:30 a.m.)
Audience: Anyone using social media in a business setting

Six Thinking Hats Plus! Creative Approaches to Problem Solving

EXCELLENCE

Use Edward de Bono’s classic Six Thinking Hats and other tools to increase your creativity in solving problems. Learn specific tools such as a multi-step problem-solving model and mind mapping to apply both systematic and creative thinking.

Facilitator: David Robey, ISI Communications
Date/Time: April 15 (8:30 a.m. – noon)
Audience: All Staff/Faculty

MEETING FACILITATION

EXCELLENCE

Move things forward faster, keep them on track and build maximum participation during meetings. Learn how to manage through an agenda, generate a wide variety of ideas, reach consensus, monitor progress, deal with difficult participants and get buy-in for change.

Facilitator: Ellen McNally, Xarnon Consulting
Date/Time: March 26 (8:30 a.m. – noon)
Audience: All Staff/Faculty (Elective for Project Mgmt Certificate)

UNIVERSITY EDUCATIONAL BENEFITS

In addition to training and professional development, the University also offers tuition remission for University classes to exempt and non-exempt staff and tuition reimbursement for courses taken toward a college degree or for job-related certification, skills or trade training at a non-Notre Dame institution. For non-exempt staff, the Fred E. Freeman Scholarship provides tuition remission for post-secondary education, certification, or a college degree. For information and eligibility requirements, visit hr.nd.edu/Benefits.

Continued on next Page
CAREER DEVELOPMENT

Interview Prep 101

ACCOUNTABILITY

This two-part workshop will teach you the secrets of successful interviewing. Participants will create strategic résumés and cover letters, and practice interviewing to sharpen the skills needed to sell the most valuable asset you have—YOU!

Facilitators: Susan Hade and LaTonia Ferguson, Human Resources
Date/Time: Feb. 5 and March 12 (Two-part program) (9 a.m. – noon)
Audience: All Staff/Faculty

Managing My Career: Deciding and Setting Goals

ACCOUNTABILITY

Completion of this two-part program is a prerequisite for individual career coaching and consulting. In this two-part program, begin your career planning process by exploring your personal interests, professional aspirations and lifestyle needs. Match your interests and skills profile to suitable careers for use in creating your own Career Action Plan.

Facilitator: LaTonia Ferguson, Human Resources
Date/Time: March 4 (9 a.m. – noon)
Audience: All Staff/Faculty

Managing My Career: Taking Action

EXCELLENCE

Completion of Managing My Career is a prerequisite. This in-depth workshop focuses on the second stage of the Career Management Process. Participants will identify and apply specific resources that may assist in setting SMART goals to achieve desired career development outcomes.

Facilitator: LaTonia Ferguson, Human Resources
Date/Time: March 26 (1 – 4 p.m.)
Audience: All Staff/Faculty

Establishing My Personal Brand

EXCELLENCE

Personal branding is important in building work relationships, looking for a job or changing careers. Learn tips, including how to increase your awareness of your brand, articulate what is distinctive about you, explore potential career interests through informational interviewing and networking.

Facilitator: Jenny Borg, ND Athletics
Date/Time: March 25 (9 a.m. – noon)
Audience: All Staff/Faculty

Mindset Shift: Expanding Your Career Potential

ACCOUNTABILITY

Recognize and adapt those behaviors that lead to career mobility and professional success. Learn self-leadership, use of proper vocal skills (proper grammar, elimination of slang, clarity of ideas); how to apply "filters" in diverse situations; goal-oriented work habits. This is a two-part program.

Facilitator: Lisa Groe, Bethel College
Date/Time: Feb. 25 and March 4 (Two-part program) (1 – 4:30 p.m.)
Audience: All Staff/Faculty

Developmental Dialogues

( Supervisors & Managers)

MISSION

Learn the difference between assisting your staff’s development in their current role and guiding them in their longer-term career development. Through “best practices,” learn the most effective development methods and how to conduct a truly developmental dialogue that supports your staff’s development needs and wants.

Facilitator: Kara McClure, Human Resources
Date/Time: March 11 (10 – 11:30 a.m.)
Audience: Supervisors, Managers, Supervising Faculty

StrengthsFinders

EXCELLENCE

Research shows us that developing our existing strengths vs. focusing on our weaknesses results in greater success and satisfaction. Identify your strengths and opportunities to use them more fully and frequently at work. Participants must complete a self-assessment and read the book provided prior to the workshop.

Facilitator: Kara McClure and Dana Schrader, Human Resources
Date/Time: April 23 (1 – 3 p.m.)
Audience: All Staff/Faculty

ACCOUNTABILITY

Assertiveness Skills for Professionals

INTEGRITY

Understand the difference between passive, aggressive and assertive approaches so you can use your voice. Body language and messaging to communicate self-confidence. Prepare yourself to handle complaints, resolve problems without grudges, respond tactfully when challenged and disarm difficult people.

Facilitator: Sherry Darden, National Seminars
Date/Time: Jan. 28 (8:30 a.m. – noon)
Audience: All Staff/Faculty

Managing Moments

MISSION

Notre Dame is a special place with a unique character that affects nearly everyone who steps foot on campus. Learn about the Notre Dame way and how YOU can personally create amazing moments for visitors, fans, students, parents, donors, customers, potential new hires, faculty and co-workers.

Facilitator: Ava Fluty, National Seminars
Date/Time: Feb. 12 or April 30 (1 – 3:30 p.m.)
Audience: New Hires and All Staff/Faculty

Crucial Conversations

MISSION

Learn how to prepare for and handle sensitive conversations that may involve controversial and complex issues accompanied by strong emotions and differing opinions. You will practice the key skills of: start with heart, learn to make it safe, master my story and state my path.

Facilitator: Jillian Morenz, VitalSmarts, Inc.
Date/Time: Feb. 19 (8:30 a.m. – 4:30 p.m.)
Audience: For graduates of Leading with Impact, or 1 – 4:30 p.m.)

Project Management Certificate-General

TAP 2

Continue to invest in yourself and increase your value-add to the University. Enhance your administrative, interpersonal and technology skills in the new six-part series. As TAP alumni, you will take their current skills to the next level and acquire new ones to enable you to make even greater impact. See website for details. Four half-day sessions plus two technology topics scheduled monthly beginning February.

• Six Thinking Hats Approach to Problem-Solving
• Your Professional Brand
• 5 S Techniques
• Building Rapport & Relationships
• Technology Topics: File Sharing & Storage with box, Google Drive & Apps

Performance Review Roundtable

for Supervisors

ACCOUNTABILITY

Exchange ideas with experienced managers and human resource professionals to increase your practical knowledge about effective approaches to handling the review process. Get tips for writing reviews that impact future performance and ideas for handling difficult review meetings. (See also: "Developmental Dialogues.")

Facilitator: Lisa Groe, Bethel College
Date/Time: March 11 (9 – 10 a.m.)
Audience: Supervisors/Supervising Faculty

Writing Performance Reviews

ACCOUNTABILITY

Use documentation from work samples, hand-written notes or Endeavor Notes to complete your performance review. Learn WHAT and HOW to provide information that reflects a fair and accurate assessment of performance. Bring your own, or your direct report’s, SMART goals to the session.

Facilitator: Human Resources Staff
Date/Time: March 25 (1 – 3 p.m.)
Audience: All Staff/Faculty (supervisory or non)

SERIES PROGRAMS

For full description, dates, locations and eligibility requirements, go to hr.nd.edu>Maximizing Your Potential>Learning & Education>Learning Series

Learning to Lead

NEW

If supervising others is in your near-term career plan, this series will help prepare you for the transition. Nomination by your current supervisor required; see website for details. Starts in March and meets weekly for four sessions.

• What Supervisors Do
• Making the Transition
• Critical Thinking and Problem Solving
• Setting Direction and Staying On Track

Project Management Certificate-General

Learn to effectively manage small or large projects by learn- ing PM concepts, tools and processes plus the interactional and change management skills to manage both stakehold- ers and project team members. You must have a project and be committed to completing all certification requirements (five total days) within 12 months. Starts in March. See website for details.

• Project Management Fundamentals-General (Core)
• Stakeholder and Change Management (Core)
• Electives (see website)

FOR OTHER LEARNING OPPORTUNITIES ON CAMPUS, VISIT:

olt.nd.edu/training-classes
Technology Training
continuousimprovement.nd.edu
Continuous improvement methods
Construction underway at the Morris Inn

BY COLLEEN O’CONNOR, FOR NDWORKS

New construction underway at the Morris Inn involves "things we found since re-opening," says Joe Kurth, director and general manager of Morris Inn.

“We’ve received the AAA Four Diamond designation two years in a row, as well as overwhelmingly positive comments on our guest rooms and restaurants. Now that we’ve lived in the space, we have identified some minor areas to improve our guest service delivery.”

Updates to include accessible family restroom

NOTRE DAME CONFERENCE CENTER

BY COLLEEN O’CONNOR, FOR NDWORKS

The University welcomes the following employees who began work in November:

Julie Admave-Hartle, Radiation Laboratory
Carlos A. Anastasio, Morris Inn
Jason P. Casey, Office of Strategic Planning
Crystal J. DeJaegher, Office of Strategic Planning
Donald Holst, Utilities—Operations
Joanne D. Birdsell, Procurement Services
Prissina Jones, Track and Cross Country
Karen J. Kinslow, Hesburgh Libraries
James M. Reed, Recycling

The underground concourse between the Morris Inn and Notre Dame Conference Center, with murals depicting seasonal campus scenes, has become a destination in its own right. Remodeling will add a new staircase at the west (hotel) end of the concourse.

Kurth—Combining the business operations of the Morris Inn and Notre Dame Conference Center has brought increased foot traffic to the hotel, particularly during special events such as home football weekends, Commencement, Alumni Reunion Weekend and major academic conferences.

The most noticeable change will be the addition of a staircase from the hotel lobby (near the gift shop) to the lower level.

McKenna Hall/Notre Dame Conference Center is connected to the hotel via an underground concourse. The addition of a staircase will eliminate long waits for the two elevator cars.

The concourse is also symbolic of the unification of the Morris Inn and Notre Dame Conference Center into one entity—and it's a major campus attraction in its own right, says Kurth.

Murals depicting seasonal campus scenes line the walls of the tunnel, in addition to individual stories from the deans of each college, First Year of Studies, Hesburgh Libraries and the Graduate School.

"It is a great place to experience Notre Dame," he says.

Additional changes include doubling the size of the men’s and women’s restrooms off the lobby, and the addition of an accessible family restroom with a changing table.

The restrooms by Rohr’s and the Smith Ballroom remain open during construction.

Lastly, to provide additional warmth for the lobby, an air curtain is being added at the front entrance to the hotel.

Renovations, which began Monday, Dec. 29, are expected to be completed by the end of February.

SERVICE ANNIVERSARIES

The University congratulates those employees celebrating significant service anniversaries in January:

35 Years
Joanne D. Birdsell, College of Engineering
Peter F. Shaw, Infrastructure Services

30 Years
Kenneth J. Kinslow, Hesburgh Libraries
James M. Reed, Recycling

25 Years
Daniel J. Crossen, Development—Donor Services
Tracy L. Hahn, Security
Lori K. Kish, Procurement Services
Sheila McMahon, Development—Information Services
Maureen L. McNamara, Athletics Facilities and Sports Operations
Eugene M. Pilawski, Student Accounts
Ofeilia T. Smith, Morris Inn
Marcia Stevenson, Hesburgh Libraries

20 Years
Janusz A. Bednarz, Fencing
Kathleen A. Cisulski, Biological Sciences
Michael J. Fitzpatrick, Infrastructure Services
M. Catherine Hillert, Theology
Diane P. King, Kro Institute
Joan M. Metzger, Development—Donor Services
William R. Wolter, Freimann Animal Care Facility

15 Years
Carlos W. Brain, Food Services, North Dining Hall
Barbara Z. Brook and Kari A. Gallagher, Law School
Alexandra F. Cornings, Psychology
Maria V. DiPinto, Morris Inn
Margaret A. Doody, English
Virgilio P. Elizondo, Theology
Peter M. Garnavich, Mathematics
Michael D. Hildreth and Heidi E. Lamar, Physics
Holly V. Goodson, Chemistry and Biochemistry
Terry A. Hanyzewski, Service Center
Tamarah Kronewitter, Planning, Design, and Construction
Elizabeth M. Lemanski, Catering By Design
Roseanne R. McDowell, Center for Social Concerns
Alexander Mintairov, Electrical Engineering
Xim P. Pham, Food Services, South Dining Hall
Cynthia D. Schock, Custodial Services
Shosh L. Turner, Office of Research

10 Years
Jeffrey D. Fersch and Austin S. Smith, Development—Inst. and Individual Giving
Margaret M. Forster, Finance
Erie E. Hafven, Office of Sustainability
Wendy L. Harris Harley, Building Services
Anthony Juan, Film, Television, and Theatre
Daniel K. Lapkin, Psychology
Lorie Marsh, Accountancy
Philip J. Sakimoto, First Year of Studies
Dewayne Scinnies, Food Services, South Dining Hall
Charlies L. Shakes, Morris Inn
Chantelle C. Snyder, Office of Communications
Green M. Starchuk, Freimann Animal Care Facility
### RecSports

#### F.A.S.T. (Faculty & Staff Training) Classes

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>12:15 – 12:45 p.m.</td>
<td>Zumba</td>
<td>Amy U.</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Mondays</td>
<td>3:30 – 5:15 p.m.</td>
<td>Body Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
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<tr>
<td>Tuesdays</td>
<td>9 – 10 a.m.</td>
<td>Zumba</td>
<td>Angelica</td>
<td>RSRC AR 1</td>
<td>$30</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>12:15 – 12:45 p.m.</td>
<td>Yoga</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>9 – 10 a.m.</td>
<td>Yoga</td>
<td>Steve</td>
<td>RSRC AR 1</td>
<td>$30</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>12:30 – 1:15 p.m.</td>
<td>Body Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Thursdays</td>
<td>12:15 – 12:45 p.m.</td>
<td>Zumba</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Thursdays</td>
<td>9 – 10 a.m.</td>
<td>Cardio Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Thursdays</td>
<td>12:15 – 12:45 p.m.</td>
<td>Flex ’N Tone</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
<tr>
<td>Fridays</td>
<td>12:15 – 12:45 p.m.</td>
<td>Flex N Tone</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$30</td>
</tr>
</tbody>
</table>

**Instructorial Series**

Registration opens Thursday, Jan. 15 for all 10-week classes, TRX Series 1 and 2.

**Certification Series**

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>5:30 – 6:30 p.m.</td>
<td>Beginner Ballet</td>
<td>John</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Mondays</td>
<td>9 – 10 a.m.</td>
<td>Partner Latin Dance</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>6:30 – 7:30 a.m.</td>
<td>Sunrise Cycle</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>5:30 – 6:30 p.m.</td>
<td>Cardio Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Thursdays</td>
<td>9 – 10 a.m.</td>
<td>Cardio Sculpt</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Thursdays</td>
<td>6:45 – 7:45 p.m.</td>
<td>Cardio Core</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
<tr>
<td>Thursdays</td>
<td>6:45 – 7:45 p.m.</td>
<td>Yoga</td>
<td>Indiana</td>
<td>RSRC AR 2</td>
<td>$45</td>
</tr>
</tbody>
</table>

**Swim Lessons**


**Group Swim Lessons for Children**


**For Families**

Even Fridays Events

- **March 7**
  - Men’s Basketball Game
  - Purcell Pavilion at the Joyce Center 4 p.m.

- **April 17**
  - Family Skate (part of Relay for Life) Compton Family Ice Arena

- **April 24**
  - Outdoor Sports Fest RecPlex Memorial Lawn noon – 4 p.m.
HEALTH & WELLNESS

Preventing frostbite and hypothermia

BY KIRK FFLICKINGER, RISK MANAGEMENT

Prolonged exposure to low temperatures, wind and moisture can result in frostbite and hypothermia. Risk Management and Safety offer these tips to help you recognize, treat and prevent these winter hazards.

Frostbite: Frostbite is the freezing of the outer layers of skin. Toes, fingers, ears, chin and nose are typically affected first. The patient may feel tingling or numbness in affected areas. The skin can feel cold and stiff and appear a grey or waxy-white color.

Treatment: Get the patient indoors. Remove any clothes or jewelry that may be reducing circulation. Allow affected areas to reheat at room temperature. When the skin starts to thaw it will be painful. If circulation does not return to the affected area, seek additional medical treatment. Do not rub affected areas to reheat as this may cause further skin damage. Using warm water to reheat frostbite can cause refreezing if the person must go back out into the weather.

Hypothermia: Hypothermia is a condition of low core body temperature when your body’s heat loss exceeds its body’s heat production. It is a life-threatening medical emergency. Uncontrolled shivering and loss of coordination are indications of hypothermia.

Treatment: Protect the patient from further heat loss and call for immediate medical assistance. Remove the person from the cold and wind if possible. Remove and replace any wet clothing. Have the patient lie down, and insulate with blankets or additional clothing. Offer a warm beverage if conscious. Warm them with your own body heat if necessary. Handle the patient gently as hypothermia may cause an increased risk of cardiac arrest.

Cold-related illness prevention:

- Eating a well-balanced diet and staying hydrated allows your body to better regulate its temperature.
- Dress in layers of clothing and attempt to cover as much skin as possible to protect from wind.
- Stay moderately active so that you are creating body heat. If you begin to sweat, slow down or remove some clothing. If your clothes become wet, they won’t help hold in your body heat any longer.
- In extremely cold weather it is best to have someone else with you. Pairing up allows you to watch out for one another and better gauge how long you have been outdoors and when it’s time to go inside.

PHOTOS: SCOTT PALMER

Congratulations to HRQ $1,000 winners

Arghamian Deluca
Mandeville Rader Urbaniak

24-Hour Spin-A-Thon
RecSports is pleased to be teaming up once again with Notre Dame Women’s Basketball and the College of Science in this breast cancer benefit event. Join our 24-Hour Pink Zone Spin-A-Thon at Rockne Memorial Cycling Studio noon Friday, Jan. 30, through noon Saturday, Jan. 31. Registration is now available online via RecRegister. Choose your time slot and you’re all set! Donations are always welcome and can be made during online registration.

Intramural Sports
Spring sports include: 4 x 4 Flag Football, Basketball, Indoor Tennis Singles, Ice Hockey, Whiffleball, Badminton Doubles, Tourney, Curling, Flair Hockey, Softball, Soccer, Ultimate Disc, Team Racquetball and Sand Volleyball. Register online with IMLeagues.com, log in with ND net ID and password to create or join a team. When your sport registration period is open, invite your friends to play online and pay in person at Rolfs Sports Recreation Center the next day.

Be Well Series
January

Diabetes Education
Jan. 8  Glucose Testing and A1C
Jan. 15  Medications
Jan. 22  Healthy Eating
Jan. 29  Activity and Diabetes

January 2015    |   NDWorks   |   7

For general RecSports information, please visit recsports.nd.edu.
To register for a class, special event or any other activities, please visit recregister.nd.edu.

Congratulation to this year’s Your HRQ winners.
Five winners of $1,000 prizes were chosen at random from among the 2,907 faculty and staff members who completed health screenings and Your HRQ (Health Risk Questionnaire). Winners are Ani Aprahamian, physics; Laura DeLuca, Customer IT Solutions; Garrett Mandeville, Alliance for Catholic Education; Patrick Rader, Hesburgh Libraries; and Michael Urbaniak, Campus Ministry.
From the 19th century into the 21st

At far left: In 1917, a new separate library building, the Lemonnier Library (now Bond Hall) was dedicated. Right, students gather to study, c. 1940s.

PHOTO CREDITS
Top photo: Matt Cashore
Archive photos: University Archives

Far right, nuns study in the Lemonnier Library during summer school, c. 1950. At right, boys (possibly students) move library books from Lemonnier Library to the new Memorial (now Hesburgh) Library in August 1963, using Black Label Beer boxes.

Below, students in the Lemonnier Library, taken (probably as a publicity shot) c. 1957 by photographer Dick Shafer. A participant in the photo shoot noted that the students were asked to wear suits instead of their normal attire.

Top of page inset photo - Left
Left: The University (Lemonnier) Library and Archives in the Main Building, c. 1882. Jimmy Edwards is at left by the bookcases. Edwards served as history professor beginning in 1876, and later as librarian.

Top of page inset photo - Right
Right: Rev. Augustus Lemonnier, C.S.C., fourth president of the University, established a central circulating library for students in 1873.

At right, the cover of a fundraising brochure for the Memorial Library, later renamed the Hesburgh Library. Rev. Theodore M. Hesburgh, C.S.C., announced the Challenge fundraising campaign in 1958, and ground was broken in the summer of 1961.

At left, an aerial view of campus, 1961. Workers clear the land where the Hesburgh Library will be built. Vetville housing, built for WWII veterans attending college on the G.I. Bill and their families, is visible along Juniper Road.

Below, students in the Lemonnier Library, taken (probably as a publicity shot) c. 1957 by photographer Dick Shafer. A participant in the photo shoot noted that the students were asked to wear suits instead of their normal attire.

Top of page inset photo - Right
Right: Rev. Augustus Lemonnier, C.S.C., fourth president of the University, established a central circulating library for students in 1873.